

Creative Books and Music

Issue 10

October 2010

Welcome to the Creative Books and Music newsletter!



Our newsletters will empower and inspire you with monthly features such as articles, book reviews, events, poetry, inspirational quotes, and news from Creative Books and Music, L.L.C.

The theme of this October newsletter is "transformation." We are always growing into the most loving expression of ourselves. We transform into a wiser and more loving person when we choose to follow our divine guidance.

Life has many challenges, but only one answer: LOVE. In times of need, ask, "Will this create love?" When we look at what we want, we need to keep asking, "Will this create more or less love?" If we are honest, then love, happiness, and peace are the most important goals that we would select over other choices that offer temporary satisfaction.

As we transform into our most loving selves, we discover that our choices become easier because we see the obvious choice will always lead to love. There are many worldly forms of love, but "true love" is within you and is always connecting you to your loving Creator. This love creates lasting peace and happiness.

To live in love means to be in constant communication with our Creator. We need to be the change we want to see and focus on improving ourselves. We need to gently remind ourselves of what is really important during our life: to develop our relationship with our Creator; to allow ourselves be open to a new and more loving way to live and be; and to be transformed into whom we are.

Our true spiritual selves are perfect just as our Creator created us to be. Our life is a process of transformation into our pure and loving essence. We are one with the Divine Presence of Love. May our transformation continue to be guided by our Creator's Love.

~ Sandra Agazzi Chimenti, M.Ed., Author of [The Real Me: Awakening Your True Self](#)

"Discover Your Power to Succeed!"

Our new cable show is airing throughout Michigan.

Poem of the Month

"My Prayer: Be All that I can Be"

Lord, help me to be open
to all the world has to share,
To the goodness and
suffering
so I may be more aware.

Not to rush into what
I think I should do,
But be who I am
so I can better serve You.

To rise above
redefine my goals.
The dream is much bigger —
only God knows.

To flow with my life,
to easily breathe,
Leave struggles behind
that I no longer need.

That which is meant
to carry me through
is God's loving grace,
whispering,
"My child, I truly love you."

Fear not
what God has made known;
The glory within
Will carry me home.

God's seed of love
is planted in me.
To grow, to change,
to be all I can be!

*God is too wonderful for me
to ever put second.*



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From *Inspirational
Passages to the Heart*
(Book coming soon!)

Event Review: Building Better Families through Action (BBFA)

On October 23, 2010, Sandra signed copies of her life-changing book, ***The Real Me: Awakening Your True Self***, at the Borders book-selling table at the Building Better Families through Action event in Michigan. She met with many wonderful people and shared information on her powerful new book.

Sandra discussed key concepts from her book such as the "Awakening Process" and the "Seven Aspects of Spiritual Awakening" featured in her book. She explained how her book helps people to identify the main challenges in life in order to receive insight to resolving an issue.

As people recognize the theme of a challenge, they are invited to locate the uncomfortable feeling in their body. Sandra guides people to release their pain to the powerful Presence of Love and replace the pain with love and light. When they finish this wonderful healing exercise, they are invited to reflect on their experience to gain more insight as they resolve their personal challenges.

Sandra's expertise as an empowerment author and healer inspires everyone to return to their loving, peaceful selves and embrace life!

(Please contact Creative Books and Music, L.L.C., to arrange a presentation for your organization or business.)



Sandra Agazzi Chimenti, M.Ed., signed copies of her book ***The Real Me: Awakening Your True Self*** at the BBFA event.

Endorsements

"Sandra, your session was one of the best of the day. I really appreciated how you helped us to focus on something bigger than just writing. You said that we have a gift that can help us to heal others. That was a paradigm shift for me because I previously had been approaching my writing strictly from a business point of view. The other thing I was impressed with was you. You are a very dynamic speaker. I appreciate your book, ***The Real Me: Awakening Your True Self***, and am glad to have you as a coaching resource. Thanks." ~ Chris Lee, 2008 Rochester Writers' Conference Attendee

Affirmation of the Month

**"I am the change
I want to see.
I choose to
focus on only
improving myself."**

~ Sandra A. Chimenti, M.Ed.
Author of ***The Real Me:
Awakening Your True Self***



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