

Creative Books and Music

Issue 2

February 2010

Welcome to the Creative Books and Music newsletter!



Our newsletters will empower and inspire you with monthly features such as articles, book reviews, events, poetry, inspirational quotes, and news from Creative Books and Music, L.L.C.

The theme of this February newsletter is "Love." Valentine's Day reminds us to always love and respect ourselves and others with positive thoughts, words, and actions. Whatever we do for ourselves, we tend to do for others. By being kind and loving first toward ourselves, we create a presence of love that comes from within and extends outward, attracting more of the same. We give what we have inside.

Challenges are part of life and offer opportunities for us to grow so we can inspire others with what we have learned. I practice the "Awakening Process" from my book in order to discover the theme or lesson of a situation. Once I know what I am feeling, I am able to process the pain, release it emotionally and physically, and make the necessary changes to return to my peaceful, loving self.

The most important relationship we have is the one with ourself and our Creator. Once you remember who you really are — a divine, loving creation, you realize that you have all you really need within yourself. As you make loving choices that lead to your happiness, this loving energy naturally extends to others, uniting all of us and giving each of us permission to do the same.

God is pure love and happiness. We are God's creations. When we are unhappy, this is a signal that we need to make changes. As we choose love vs. fear, we create true happiness and inner peace. By being your real self, you share the gift of who you are. May you always love who you are and live your dreams. ~ Sandra Agazzi Chimenti, M.Ed., Author of [The Real Me: Awakening Your True Self](#)

"Discover Your Power to Succeed!"

Our new cable show is airing throughout Michigan.

Poem of the Month

"Our Love"

Our two hearts
came together,
We created a love
to last forever.

The times we share
mean so much —
A loving kiss,
a gentle touch.

True love
is hard to find,
Our love
is a special kind.

With the help
from God above,
We will have
everlasting love.



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From *Inspirational Passages to the Heart*
(Book coming soon!)

Book Review by Lauren Stewart

If you're looking for spiritual guidance, a way to be happy being you, and a better life in the New Year, look no further. Sandra Agazzi Chimenti has the answers you've been searching for. Chimenti, a former teacher, now works hard at her own publishing company, Creative Books and Music, L.L.C., and helping others empower themselves with her book.

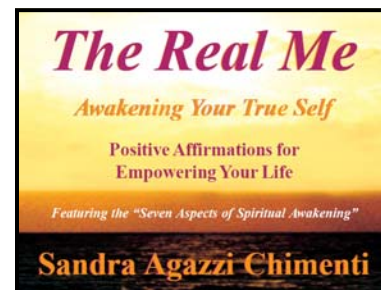
The Real Me: Awakening Your True Self is more than a book; it is a journey you make with yourself. Featuring the "Seven Aspects of Spiritual Awakening," which are divine creation, communication, apology and forgiveness,

gratitude and praise, loving choices, flowing in life, and sharing gifts and talents, her book leads you with positive affirmations and beautiful quotes. The book provides an overview on Chimenti's teaching methods based on allowing yourself to feel your emotions fully before you can truly move on and actively seek happiness and peace within yourself.

After an explanation of the "Seven Aspects of Spiritual Awakening," you are given positive statements and affirmations for each aspect. Some are short, others longer, but all are uplifting messages designed to empower you. What is truly great about this book though is

the way you are actively involved in it. You are not simply the reader; you are the writer as well.

To continue reading, [click here](#).
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***The Real Me:
Awakening Your True Self***
by Sandra Agazzi Chimenti
Available in Borders, stores, online, and at
www.CreativeBooksAndMusic.com

Endorsements and Testimonials

"Most people who own ***The Real Me*** book have no idea what they have in their possession. Your book opened the door to a whole new world of higher consciousness." ~ *Chris Lee, Writer*

"***The Real Me: Awakening Your True Self*** offers a powerful quick-read and useful combination textbook/workbook to reach higher levels of self-esteem and spiritual empowerment. Sandra's book has an abundance of positive affirmations designed to empower the reader and get results." ~ *Linda A. Badamo, Michigan TV Producer*

"Sandra was very informative. She really knows a lot. Her class was well presented and just what I had been looking for." ~ *Lisa Rader*

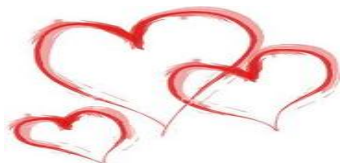
Affirmation of the Month

L.O.V.E.

Love Offers Valuable Energy

~ Sandra A. Chimenti, M.Ed.

Author of ***The Real Me: Awakening Your True Self***



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