

# Creative Books and Music

Issue 6

June 2010

## Welcome to the Creative Books and Music newsletter!



Our newsletters will empower and inspire you with monthly features such as articles, book reviews, events, poetry, inspirational quotes, and news from Creative Books and Music, L.L.C.

The theme of this June newsletter is "trust." Learning to trust ourselves and then others is how we build healthy relationships. Listening to your own intuition and inner guidance helps develop trust and a spiritual knowing that brings us peace.

Sometimes we have an experience that leads to an unwanted outcome. When we look back at the events leading up to that moment, we may realize we made some decisions that went against our better judgment. We may say, "I should have listened to myself. Why didn't I do what I wanted for my happiness?" These reflections become opportunities to remember how important it is to listen to our loving inner voice that is always guiding us if we would just listen and trust.

When we do make positive choices that lead to our happiness, we create new experiences that teach us the importance of trusting our inner guidance. The more we listen, the better we will be at creating wonderful experiences. Do what makes you happy first and this will inspire others to create their own happiness. We are all connected on a spiritual level. When we listen to ourselves and do what is spiritually good for us, we create an energy of happiness and love that comes from following our own guidance.

Ask yourself, "What makes me truly happy?" Then take those steps that create your happiness. This will help you learn to trust yourself, knowing you can take care of your needs. It will also attract the same positive and trusting energy in others, building respectful and loving relationships. By trusting yourself and knowing that you are safe and loved, you will remember your connection to Divine Love and be the wonderful gift of your real self. ~ Sandra Agazzi Chimenti, M.Ed., Author of [\*The Real Me: Awakening Your True Self\*](#)

## "Discover Your Power to Succeed!"

Our new cable show is airing throughout Michigan.

## Poem of the Month

### "Never Give Up"

When the desire  
is weak,  
And the purpose  
is gone,  
Hold on to your faith,  
The Lord makes  
you strong.

If you ask for guidance,  
As you begin to pray,  
Listen to your heart,  
God will show you  
the way.

The answer will appear,  
The form unexpected.  
Be open to God's ways,  
You will be directed.

When you accept  
the Lord  
With your whole  
heart and soul,  
God will give you  
inner strength  
To achieve any goal.



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From *Inspirational  
Passages to the Heart*  
(Book coming soon!)

## Event Review: Science, Health, and Spirituality Festival

On June 5, 2010, Sandra shared her book-signing presentation at the Unity Church of Lake Orion's "Science, Health, and Spirituality" festival in Michigan. Following her presentation, she offered personal empowerment consultations in the Author's Corner tent and signed copies of her life-changing book, *The Real Me: Awakening Your True Self*.

Sandra guided people to experience the "Awakening Process" and the "Seven Aspects of Spiritual Awakening" featured in her book. Through a powerful visualization meditation, she helped each person identify the main challenge in their life.

As they recognized the theme of that challenge, they located the uncomfortable feeling it was creating in their body. As the process unfolded, Sandra guided everyone to release this pain to the powerful Presence of Love and replace the pain with love and light. When they finished this wonderful healing exercise, they were invited to share their reflections to gain more insight into how they could resolve their personal challenges.

Sandra's expertise as an empowerment author and healer inspired everyone to return to their loving, peaceful selves and embrace life!

(This presentation was videotaped. Please contact Creative Books and Music, L.L.C., for more information or to arrange a presentation for your organization or business.)



Sandra Agazzi Chimenti at the Unity Church of Lake Orion Festival.

## Endorsements and Testimonials

"It was extremely eye opening to see Sandra Chimenti in action at the event. The way she touches people with her words is truly unique. When people interact with her, they are immediately at ease. This feeling allows you to connect with yourself on a deeper level and benefit from the 'Awakening Process.' Through this process and the power of her healing words, she guides you to find your path through any pain, worry, or trouble. Leaving the event I am sure that everyone, myself included, felt far more empowered and ready to tackle all of life's challenges."

~ Amanda Davis, Oakland University Journalism Student. Unity Church of Lake Orion 2010 "Science, Health, & Spirituality Festival" attendee.

## The Real Me

*Awakening Your True Self*

Positive Affirmations for  
Empowering Your Life

Featuring the "Seven Aspects of Spiritual Awakening"

**Sandra Agazzi Chimenti**

## Affirmation of the Month

**I trust my  
intuitive feelings.**

**I allow my  
loving intuition  
to guide me.**

**I return to LOVE.**

~ Sandra A. Chimenti, M.Ed.  
Author of *The Real Me:  
Awakening Your True Self*



## Creative Books and Music, L.L.C.

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